The Stem Cell Transplant Coloring Book
A Note to Caregivers:
The Stem Cell Transplant Coloring Book

This coloring book is for children with blood cancer who are coping with having a stem cell transplant. It is also for brothers, sisters, friends and classmates of the young patient, and children with a parent who is having a stem cell transplant. The pictures and activity pages depict the experiences of Sam and Serena, two young stem cell transplant patients. Through these experiences, the coloring book provides support and encouragement. Caregivers may find that with children of any age, using it together helps to generate discussion, questions and expression of feelings. Additional stem cell transplant education materials are listed in the Resource section on the back page.

Stem cell transplant policies and procedures vary from one medical center to another. Some of the illustrations and captions may not reflect the experience at your hospital. This may need to be explained to the young patient. For example, Sam and Serena’s visitors wear masks and gloves; their visitors do not wear gowns or shoe covers.

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LLS thanks Brian Yanish and Nikki Shaner-Bradford for their contribution for the drawings in this book.
Hi, my name is Sam. Let me show you my hospital room. I brought some favorite things from home.
My central line is for getting medicine and blood tests.
I’m Serena. I’m getting chemo to get rid of the bad cells that are not working right and make room for my new blood cells. I’m listening to music and thinking about ice skating.

Draw what you think about to pass the time in the hospital.
Stem cells can come from bone marrow or blood. My donor’s stem cells are being collected from her blood by a special machine.
My new stem cells have to learn to work together with my body to make my new blood cells. My new blood cells will keep me healthy and strong.
Today is transplant day. Sam has to stay in his room. Everyone who comes to see him washes their hands first. At Sam’s hospital they also wear masks and gloves.
Serena’s transplant team visits every day. They talk to her about her tests and treatments and they tell her jokes. She asks them questions and tells them jokes too.
Some days Sam does not feel like talking at all. Other days he is excited about getting well and going home. He tells his nurse how he feels.
Sam and Serena do all sorts of activities to help pass the time. Do you like to do any of these? What else do you like to do?
Sometimes Serena’s mom or dad stays overnight. During the day they play games and watch movies. When her family is not visiting they talk on the phone. She knows they care about her.
Visitor anatomy

What things have your visitors brought you?
The teacher works with Sam so he can learn new things. He wonders what his class at school is doing today.
Serena can’t wait to see her friends.
Make a check mark next to the stops you make along the road to recovery.
The Road To Recovery

1. TODAY I SAT IN MY CHAIR
2. MAGIC MOUTHWASH
3. INFECTION
4. HOW I PASS THE TIME:
   - Music
   - Reading
   - Art
5. SEA
6. STOP
   - WASH HANDS
   - WEAR MASK
   - WEAR GLOVES
7. FREEDOM FOREST
8. FRESH AIR!
9. TAKE MY POWER MEDS!
10. WAITING ZONE
    - STAY POSITIVE!
11. EAT AND DRINK
12. THE FUTURE
13. GOING HOME!
14. NORTH POLE
Sam and Serena’s blood counts are good.
They are getting stronger and it is time to go home!
LLS Resources

**Co-Pay Assistance Program.** This program offers assistance for financially eligible patients with certain blood cancer diagnoses to help pay for private or public health insurance premiums and/or co-pay costs for prescription medications. Check www.LLS.org/copay or call (877) 557-2672 to speak to a Co-Pay Assistance Program specialist for eligibility information.

**Other Helpful Organizations.** Our website, www.LLS.org/resourcedirectory, offers an extensive list of resources for patients and families about financial assistance, scholarships, counseling, transportation, summer camps and other needs.

**Suggested Reading.** Read a variety of perspectives about how others have dealt with cancer or what advice they would share. You can reach a listing of select books that we recommend for patients, caregivers, children and teens about coping with illness, cancer in the family, grief and inspiration. For more information, visit www.LLS.org/resourcecenter.

**School Reentry.** The Trish Greene Back to School Program for Children With Cancer is a program designed to increase communication among healthcare professionals, school personnel, parents and patients to assure children with cancer a smooth transition back to school. For more information, visit www.LLS.org/backtoschool.

**Telephone/Web Education Programs.** LLS provides a number of free, live telephone and web education programs presented by experts for families and parents of children with cancer. Visit www.LLS.org/programs for more information.

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**REACH OUT TO OUR INFORMATION SPECIALISTS**

The Leukemia & Lymphoma Society's (LLS) Information Specialists provide patients, families and healthcare professionals with the latest information on leukemia, lymphoma and myeloma. Our team consists of master’s level oncology social workers, nurses and health educators who are available by phone Monday through Friday, 9 am to 9 pm (ET).

**Co-Pay Assistance**
LLS’s Co-Pay Assistance Program helps blood cancer patients cover the costs of private and public health insurance premiums, including Medicare and Medicaid, and co-pay obligations. Support for this program is based on the availability of funds by disease. For more information, call 877.557.2672 or visit www.LLS.org/copay.

For a complete directory of our patient services programs, contact us at 800.955.4572 or www.LLS.org (Callers may request a language interpreter.)