

IMMUNIZATION RECORD

Immunizations are especially important for you because cancer treatments weaken the body's immune system. Immunizations help the body build a resistance to specific diseases. Ask the healthcare team which immunizations you need.

You received some immunizations as a child. Annual immunizations and periodic boosters may be needed so that they remain effective. You may also need new immunizations, depending on your health history. Ask your healthcare team which immunizations are recommended.

Use this chart to keep track of your immunization record.

Vaccine	Date given	Next due date	Comments/reactions
Flu (influenza) [†]			
Td/Tdap (tetanus, diphtheria, pertussis)			
Shingles (zoster) [†] — RZV			
Pneumococcal — PCV13			
Pneumococcal — PPSV23			
Meningococcal — MenACWY			
Meningococcal — MenB			
MMR (measles, mumps, rubella) ^{*†}			
HPV (human papillomavirus)			
Chicken pox (varicella) ^{*†}			
Hepatitis A			
Hepatitis B			
Hib (haemophilus influenzae type b)			

* Vaccines noted with an asterisk are not recommended for those who have a weakened immune system. If you received these vaccines before the cancer diagnosis, there is no harm done.

† See important notice on page 2.

IMPORTANT NOTICE

Chicken pox & measles vaccines

People who are receiving cancer treatment should not receive these vaccines because they contain the live virus. The live virus can be dangerous for you.

Flu vaccine

People who are receiving cancer treatment should receive the flu shot that is made with the dead virus. They must not get the nasal spray vaccine because the spray contains the live flu virus. The live virus can be dangerous for you.

Shingles vaccine

People who are receiving cancer treatment and require the shingles (zoster) vaccine should receive the recombinant zoster vaccine (RZV, Shingrix), not the zoster vaccine live (ZVL, Zostavax®).

Travel outside Canada

If you plan to travel outside of Canada, check the recommended vaccines for that location. You may need additional immunizations. Always clear travel with your healthcare team.

Notes



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Never hesitate to contact us, we're here to help!

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