

It is important to take medications exactly as the doctor prescribes them. A medication log can help you track your medication schedule and be sure that you don't miss a dose.

## TIPS

- If you miss a dose, call the prescribing doctor or the pharmacist for instructions.
  - Let the healthcare team know immediately if there are any side effects that result from taking a medicine.
  - Make sure the healthcare team is told about any supplements, vitamins, or over-the-counter medications you are taking.

Date	Time	Medication	Dosage	Comments

Date	Time	Medication	Dosage	Comments



Get the LLS Health Manager app Track side effects, medications and more!



Never hesitate to contact us, we're here to help! 1833 222-4884 • info@bloodcancers.ca • bloodcancers.ca

 $\checkmark$